

MSc Sport and Exercise Nutrition

2026-27 timetable

10 September 2026: Postgraduate induction

Semester one 2026		
Week commencing	Monday	Thursday
14 September		
Semester 1, Week 1 21 September	10.30am-12.30pm Nutrition for Sport and Exercise 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition 14.30-16.30pm Exercise Metabolism and Biochemistry	4-5pm The Research Process (online) 6-8pm PG Diss R15 Sep Start (FT) (online)
Semester 1, Week 2 28 September	10.30am-12.30pm Nutrition for Sport and Exercise 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition 14.30-16.30pm Exercise Metabolism and Biochemistry	4-5pm The Research Process (online)
Semester 1, Week 3 5 October	10.30am-12.30pm Nutrition for Sport and Exercise 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition 14.30-16.30pm Exercise Metabolism and Biochemistry	4-5pm The Research Process (online)
Semester 1, Week 4 12 October	10.30am-12.30pm Nutrition for Sport and Exercise 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition 14.30-16.30pm Exercise Metabolism and Biochemistry	4-5pm The Research Process (online)
Semester 1, Week 5 19 October	10.30am-12.30pm Nutrition for Sport and Exercise	4-5pm The Research Process (online)

	<p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p> <p>14.30-16.30pm Exercise Metabolism and Biochemistry</p>	
<p>Semester 1, Week 6 26 October</p>	<p>10.30am-12.30pm Nutrition for Sport and Exercise</p> <p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p> <p>14.30-16.30pm Exercise Metabolism and Biochemistry</p>	<p>4-5pm The Research Process (online)</p>
<p>Semester 1, Week 7 2 November</p>	<p>10.30am-12.30pm Nutrition for Sport and Exercise</p> <p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p> <p>14.30-16.30pm Exercise Metabolism and Biochemistry</p>	<p>4-5pm The Research Process (online)</p>
<p>Semester 1, Week 8 9 November</p>	<p>10.30am-12.30pm Nutrition for Sport and Exercise</p> <p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p> <p>14.30-16.30pm Exercise Metabolism and Biochemistry</p>	<p>4-5pm The Research Process (online)</p>
<p>Semester 1, Week 9 16 November</p>	<p>10.30am-12.30pm Nutrition for Sport and Exercise</p> <p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p> <p>14.30-16.30pm Exercise Metabolism and Biochemistry</p>	<p>4-5pm The Research Process (online)</p>
<p>Semester 1, Week 10 23 November</p>	<p>10.30am-12.30pm Nutrition for Sport and Exercise</p> <p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p> <p>14.30-16.30pm Exercise Metabolism and Biochemistry</p>	<p>4-5pm The Research Process (online)</p>
<p>Semester 1, Week 11</p>	<p>10.30am-12.30pm Nutrition for Sport and Exercise</p>	<p>4-5pm The Research Process (online)</p>

30 November	<p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p> <p>14.30-16.30pm Exercise Metabolism and Biochemistry</p>	
Semester 1, Week 12 7 December	<p>10.30am-12.30pm Nutrition for Sport and Exercise</p> <p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p> <p>14.30-16.30pm Exercise Metabolism and Biochemistry</p>	<p>4-5pm The Research Process (online)</p>
14 December	Assessment period 1	
21 December	Holiday	
28 December	Holiday	
4 January	Study week	
11 January	Assessment period 1	
18 January	Assessment period 1	

Semester two 2027		
Week commencing	Monday	Tuesday
Semester 2, Week 1 25 January	<p>10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition</p> <p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p>	<p>1-3pm High Performing Environments</p> <p>3.30-5.30pm Practical Sports Nutrition</p>
Semester 2, Week 2 1 February	<p>10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition</p> <p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p>	<p>1-3pm High Performing Environments</p> <p>3.30-5.30pm Practical Sports Nutrition</p>
Semester 2, Week 3 8 February	<p>10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition</p> <p>13.30-14.30pm Professional Practice in Sport and Exercise Nutrition</p>	<p>1-3pm High Performing Environments</p> <p>3.30-5.30pm Practical Sports Nutrition</p>
Semester 2, Week 4 15 February	<p>10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition</p>	<p>1-3pm High Performing Environments</p> <p>3.30-5.30pm</p>

	13.30-14.30pm Professional Practice in Sport and Exercise Nutrition	Practical Sports Nutrition
Semester 2, Week 5 22 February	10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition	1-3pm High Performing Environments 3.30-5.30pm Practical Sports Nutrition
Semester 2, Week 6 1 March	10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition	1-3pm High Performing Environments 3.30-5.30pm Practical Sports Nutrition
Semester 2, Week 7 8 March	10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition	1-3pm High Performing Environments 3.30-5.30pm Practical Sports Nutrition
Semester 2, Week 8 15 March	10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition	1-3pm High Performing Environments 3.30-5.30pm Practical Sports Nutrition
22 March	Holiday	
29 March	Holiday	
5 April	Holiday	
Semester 2, Week 9 12 April	10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition	1-3pm High Performing Environments 3.30-5.30pm Practical Sports Nutrition
Semester 2, Week 10 19 April	10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition	1-3pm High Performing Environments 3.30-5.30pm Practical Sports Nutrition
Semester 2, Week 11 26 April	10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition 13.30-14.30pm	1-3pm High Performing Environments 3.30-5.30pm Practical Sports Nutrition

	Professional Practice in Sport and Exercise Nutrition	
Semester 2, Week 12 3 May	10.30am-12.30pm Contemporary Topics in Sport and Exercise Nutrition 13.30-14.30pm Professional Practice in Sport and Exercise Nutrition	1-3pm High Performing Environments 3.30-5.30pm Practical Sports Nutrition
10 May	Assessment period 2	
17 May	Assessment period 2	
24 May	Assessment period 2	
9 August	Holiday	
16 August	Holiday	
23 August	Holiday	
30 August	Assessment period 4	
6 September	Assessment period 4	